



Alameda Alliance for Health

1240 South Loop Road
Alameda, CA 94502

Alliance Health Programs
Phone Number: **1.510.747.4577**

Toll-Free: **1.877.932.2738**

People with hearing and speaking impairments
(CRS/TTY): **711/1.800.735.2929**

livehealthy@alamedaalliance.org

www.alamedaalliance.org

Dear Member,

At Alameda Alliance for Health (Alliance), we are here to be your partner in health.

Thank you for your recent request for groups that help you **with alcohol or substance addictions**. The groups listed below are **no cost** to you as an Alliance member. To learn more or sign up, please call the program. Let them know you are an Alliance member and have your Alliance member ID card number ready.

Alameda County Referrals

Alameda County Public Health Department

Phone Number: **1.510.267.8000**

Alcoholics Anonymous (AA)

AA groups are places where members seek to recover from alcoholism. Group members share their struggles, strengths, and hopes with each other. There are AA groups that meet all over Alameda County.

Oakland, Hayward, Fremont, and nearby cities

Phone Number: **1.510.839.8900**

www.eastbayaa.org

Pleasanton, Dublin, Livermore, and nearby cities

Phone Number: **1.925.829.0666**

www.trivalleyaa.org

Spanish AA groups in all regions

Phone Number: **1.510.502.8560**

Chemical Dependency Education Series

Alta Bates Summit Medical Center, Oakland (Adults)

3012 Summit St., 5th Floor, Oakland, CA

Saturdays, 10 am – 12 pm

Phone Number: **1.510.652.7000**

Narcotics Anonymous (NA)

NA members learn from one each other how to live drug-free and recover from the effects of addiction in their lives. There are NA groups that meet all over Alameda County. Please call to find a group near you.

Phone Number: **1.510.444.4673**

www.naalamedacounty.org

NOTE: Please talk to your doctor about any concerns or problems you have with drugs or alcohol. Your doctor can help with support and referrals.

To find out if your class offers interpreting services, or to make a request, please call the Alliance Member Services Department at **1.510.747.4567**. We hope these classes will help meet your health needs.

Best of health,
Alliance Health Programs